YOUR CALENDAR

We are here to help you every step of the way.

FOR MORE IDEAS VISIT:

trusselltrust.org/get-involved/fundraise

OR EMAIL US AT: fundraising@trusselltrust.org



trussell Stop UK Hunger



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JANUARY Happy New Year

Idea:

Set yourself a New Year challenge or resolution and get friends and family to sponsor you! Have fun with a run and look at the year ahead to see which events you may want to join in with!

APRIL **RACE AGAINST** HUNGER Idea:

Take a stand and head out to Race Against Hunger. This is your challenge and your distance. Walk or run, at dawn or dusk - the choice is vours.

test your stamina!



Idea:

Adore vour greenhouse. love a lazy day at the allotment or take in pride in your window box? Host a fruit and yeq sale or competition.



Host a Tea for Trussell, it is so easy to get

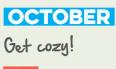
involved! Invite friends, family and colleagues

to your tea party and help us end the need for

Walk 30 minutes every day for a month. You choose the month and take on the challenge in your own time, from wherever works best for you - the coastline, your local area or somewhere different each day!



Hold a Christmas fair or pop up stall. Instead of secret Santa donate what you would spend! Or, send a virtual Christmas card. Your e-cards can be delivered anywhere in the world in a matter of minutes, any proceeds from the Trussell Trust e-cards will be donated back to us!



outstanding natural beauty.

You can relax! Host a garden party

with friends, or perhaps you could even have

garden games where guests pay to enter

and compete to win! Join the Peak District

or Yorkshire Challenge treks whilst enjoying



JULY

Idea:

Summer sun!

Sell tickets and invite friends around for a pamper party or if fitness is more your thing, grab your trainers for the Bournemouth or Roval Parks 1/2 marathons!



Remember, Remember

Idea:

There's no better excuse to gather some family and friends for a competition than to host a fundraising games night. Whether it's a board game marathon, a quiz master special, or trying out your detective skills, everyone will have fun!



JUNE

Idea:

food banks.

If you are feeling active why not go on an exciting adventure, and challenge yourself to a long bike ride? Get friends to sponsor you or run a sweep stake on vour finish time!

MAY 1 bank holiday!

FEBRUARY

Hold a pancake race and ask friends,

family, or workmates to donate to

Flipping good fun!

Idea:

take part.

Idea:

Put on your running shoes and join #TeamTrussell at the Edinburgh Marathon. For something equally challenging grab your walking boots for the London 2 Brighton Ultra Challenge. Both events are sure to