



YOUR BEST EVER TEA PARTY FUNDRAISING GUIDE

Jam-packed with ideas and tips
to make your tea party a success



Welcome to **TEA FOR TRUSSELL!**



We're so pleased you have decided to join us and host your very own Tea for Trussell. It's so simple – bake or buy and make a brew and have a great time with the lovely people in your life.

Our vision is for a UK without the need for food banks and your Tea for Trussell will help bring us closer to that goal. Whether you are a superstar baker or prefer a simpler option, it doesn't matter. It's your event, so choose what works best for you. Get together with friends and family, colleagues or even your wider community and bake or buy, sweet or savoury, fondant fancy or fresh fruit, dunk or don't dunk! However you do it, have fun!

Together, we can end the need for food banks in the UK. Together, we can create a more just society.

We will be with you every step of the way. Over the coming weeks, we'll share planning tips, inspiration and more – everything you need for a great event.

THANK YOU

from everyone at the Trussell Trust – together we can end the need for food banks in the UK.



You have taken the first step by registering. Now you just need to pick a date and start inviting friends, family, or colleagues. Whether you go virtual with workmates or family far and wide or host your Tea for Trussell in the garden, in the office, outside the village hall, at school, or in your front garden for your neighbours to enjoy, make sure to have plenty of space and easy access. However you fundraise, your support is invaluable.



IT'S AS SIMPLE AS 1,2,3,4



- 1. Sign Up and Choose a Date**
- 2. Spread the Word**
- 3. Have Fun**
- 4. Fundraise**



It's time to make plans and celebrate the start of summer! Tea for Trussell is the perfect party to catch up with friends, let's create some new memories...

Classic Cup Competition!

Ask guests to bring their own cup along and award prizes for the prettiest or most unusual cups.

Takeaway Offer a Tea for Trussell takeaway service.

Pop Up Stall Set up a stall for neighbours or work mates to enjoy.

Tea with Hatitude! Asks guests to wear a hat to your Tea for Trussell and award a prize for the best dressed guest.

Superstar Baker, Buyer Or Best Effort!

Ask guests to bring along bakes or buys and award prizes.

Tea Tasting Blind tea tastings are fun and a great way to try new flavours.

Live Bake-a-Long! Choose your favourite recipe, share it with friends and have great fun as you all bake together at home!

You Are On Mute!! If you're going virtual, give a £1 fine each time someone talks on mute!

Handy hints:

- Head over to the Food Standards Agency for advice if you are selling food or drink.
- Double your money – ask your team of helpers if they work for a company that offers matched giving for charity and encourage them to apply if they do. Use our matched funding form which can be downloaded at trusselltrust.org/tea-resources



Ready, Set – **GET THE KETTLE ON!**



How do I hold my Tea for Trussell?
It's as easy as 1,2,3!

1. Spread the word – tell friends, family and colleagues about your Tea for Trussell
2. Have fun – have a natter, play games and have lots of laughs.
3. Fundraise – help us end the need for food banks in the UK.

Want to invite more guests or you're missing friends who don't live nearby? Not to worry – you can still host your Tea for Trussell virtually!

When you registered for your pack, your fundraising page was automatically created to make it really easy for you to send us your donations. Simply look out on your emails for a link for your fundraising page and then make sure to share it with all your friends and family.

This fundraising guide has lots of tips and information to make your Tea for Trussell a great success.



Your Fundraising Page

Have a look at your page: Go to your page that we've already set up for you.

Make it about you: Update your story to tell everyone what you're doing and why. Share photos to inspire friends and family to donate, whether they're coming along to your Tea for Trussell or not.

Time To Invite Everyone: Invite guests to come along to your Tea for Trussell, whether that's at home, in your garden or you are going online with a virtual fundraiser with friends and colleagues that are not nearby. Wherever you are, wherever they are, you'll all be doing it together.

It is so simple to share to invite guests:

- Invite guests on the phone, Instagram, Facebook, SnapChat, Twitter, Tik Tok, WhatsApp, email – wherever you like – to tell your friends and family about your event. Put up an event poster and pop invites through neighbours and friends' doors. And remember to use the #TeaforTrussell hashtag!
- Download and print the invites from your digital pack and pop through neighbours doors or give to friends.
- Or copy the invite onto your phone or computer and paste onto an email, onto social media or WhatsApp group.



Tea For Trussell Club: Don't forget to join our friendly Tea for Trussell Facebook group and be part of a supportive community. It's a brilliant space to share ideas, recipes, photos of your bake and ask other members of #TeamTrussell questions and tips for your own event.

Join here:
www.facebook.com/groups/teafortrussell

However you host your Tea for Trussell, you'll be helping us to build a future where food banks are no longer needed in the UK. We have everything you need for your event, including t-shirts, mugs and aprons. Look out for links to our shop on emails and on our website.



LOVE A LIST? WE DO!



To help you plan a great Tea for Trussell, here's a checklist so that you don't forget anything along the way.

Register for Tea for Trussell and personalise your fundraising page.

Pick a time and place and host anytime that suits you and your guests.

Invite everyone! When you do, make sure to share the link to your fundraising page and ask people to donate to confirm they can make it.

Tell people you know that you're signed up – you might just inspire someone else to do the same!

Ask for help - whether you bake, make or buy, share the load with friends, family or colleagues.

Games galore! We have some great game ideas in this pack to keep you and your guests entertained. You can also check out our online shop for our games and party pack bundles.

Share your photos Don't forget to take photos of your Tea for Trussell and share in our Facebook group or on social media - don't forget to use... #TeamTrussell (and make sure you have

permission from everyone in the shot to post).

Facebook banners Use our Tea for Trussell Facebook banner – check your emails to download them.

More than food Why not think about including a plant sale, book stall, or tombola to raise additional donations?

Other ways to give - If guests don't have cash, they can text a donation:

Text T4T 3 to 70450 to donate £3. Texts cost £3 plus one standard rate message
Text T4T 5 to 70450 to donate £5. Texts cost £5 plus one standard rate message
Text T4T 10 to 70450 to donate £10. Texts cost £10 plus one standard rate message

If you're doing your party with colleagues – don't forget about matched giving. Some companies will top up your donations. We've included the form at trusselltrust.org/tea-resources

Say thank you! Send your guests a text/email or message to thank them for their support and letting them know how much they helped raise for the Trussell Trust.



FUN AND GAMES



If you want to have a bit of extra fun at your Tea for Trussell we've included a few game ideas below.

Guess the number!

Having a guess the number prize is a simple way to get your guests involved, even those who are not really into party games! Use a jar that you can give away, filled with sweets, tea bags, or the like. Be sure to count how many items you put in! Place pens and paper next to the jar for your guests to write down their guesses. Halfway through the party, tally all the answers. Whoever chose the number closest to the correct one will take home the jar of goodies for their prize.

Tea Tray Memory

Before your Tea for Trussell begins, set up a tray with a number of different items, small or large, tea-related or random. Make one of the items on the tray the prize for this game. Bring out the tray of items and let your guests look it over for about a minute. Then take the tray away and ask everyone to write down all of the items they remember. The person who has the most correct answers wins the prize!

Lucky Squares £2 Suggested Donation

Host
Pick a square at random before your guests arrive, write it down and keep it hidden. Organise a small prize for the winner.

Players
Choose a picture, make a donation and write your name on your chosen square. When everyone has played, your host will reveal the winning answer.

the trussell trust FR
Registered Charity in England & Wales (11247212) and Scotland (2524240) | Registered (United Company in England & Wales 10427514)

TEA for trussell
Bingo

Jam	Coin	Garden Chair	Cup and Saucer
Fruit Cake	Biscuit	Chocolate Roll	Teaspoon
Sponge Cake	Cupcake	Tree	Teapot

TEA for trussell
Bingo

Mixing Bowl	Oven	Teabag	Handbag
Biscuit	Sandwich	Jam	Strawberries
Table Cloth	Bread Roll	Coin	Chocolate Roll
Tree	Apron	Sponge Cake	Scone

the trussell trust FR
Registered Charity in England & Wales (11247212) and Scotland (2524240) | Registered (United Company in England & Wales 10427514)






BOGGLING TEA FOR TRUSSELL

How many words can you make out of Tea Party?



PARTY GAME IDEAS

Game: Tea Tray Memory
Instructions: Before your Tea for Trussell begins, set up a tray with a number of different items. Invite your guests to study the items for a couple of minutes. Then take one tray away. The person who has the most correct answers wins the prize!

Game: Boggling Tea for Trussell!
Instructions: Give each guest a piece of paper and ask them to write the words "Tea Party" at the top. Ask your guests to see how many words they can make out of Tea Party.

Game: Guess the tea party item
Instructions: Have 10 (or more or fewer) words written on paper relevant to a tea party and cut them out. Pick one and hold it out for your guests to see, without seeing the word. Questions that you can only answer "yes" or "no" to.
 Example words could be: spoon, saucer, cup, mug, coffee, tea bag etc.

Game: Tea Bag Toss
Instructions: Set tea bags/mugs up in a line and have players stand behind a line. Give them a certain number of tea bags and see how many they can toss into the cups from the line. Each bag that lands in a cup is one point, and whoever gets the most wins!
 If you do not want to use teabags why not use sugar cubes or even ping pong balls? You could always choose one of the cups as the prize for this game. The player who scores the most points wins.

Game: Story telling tea cup
Instructions: Ask each of your guests to bring their own teacup/mug/spoon etc that has a story behind it (if they have one!) It may be something a grandparent brought over with them from another country, a gift from a friend, or something they picked up at the charity shop.

Game: Tea with Attitude
Instructions: Ask each of your guests to come to your event wearing their most fancy, outrageous or much-loved hat!




Registered Charity in England & Wales (11257207) and Scotland (SC044851)
 Registered Limited Company in England & Wales (08494241)



GUESS HOW MANY SWEETS IN THE JAR!





Registered Charity in England & Wales (11257207) and Scotland (SC044851)
 Registered Limited Company in England & Wales (08494241)



Tea Cup Toss

For this next tea party game, you'll want to acquire some inexpensive tea bags, sugar cubes or ping pong balls - they all work well! Set up some containers in a grouping on a table and assign a different number to each one. Set this up in such a way that your guests have room to stand back a few feet to toss the tea bags, ping pong balls etc. Choose one of the containers as the prize for this game (maybe a special tea cup or mug). The player who scores the most points wins.



Bogging Tea Party

Ask your guests to create as many words as they can from the words “Tea for Trussell.” Or make it a phrase to allow for more words to be created, for example, “Jane’s Tea for Trussell Party.” Set the timer for one minute and let the bogging begin.

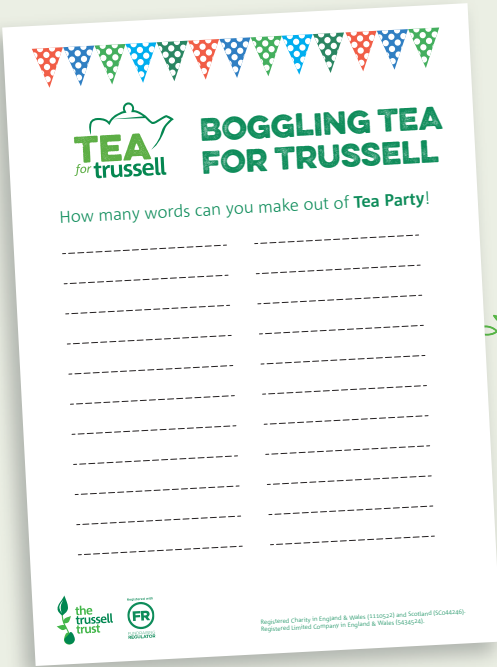


A-Z Tea for Trussell

Print out our A-Z game and share the list with your guests! Give them 10 minutes to write as many tea party – related words for each letter of the alphabet!

How you choose the winner is up to you! Here are a few ideas:

- Score one point for each letter that no one else has.
- Give a point for each tea-related word included and take a point off for each non-tea word.
- Give a point to the most original choices. Highest score wins.



AFTER YOUR EVENT

All donations on your fundraising page will be sent automatically to the Trussell Trust. Please make sure to also add all cash donations to your page and send them to us choosing one of the options below.

Other ways to donate

Direct bank transfer
Our bank account details are:
The Trussell Trust
Sort Code: 16-00-21
Account no: 41129077
Reference: T4T (plus your initial
and surname)

Just let us know via email:
fundraising@trusselltrust.org or call
01722 580 180 when you make the
donation, the amount and under what
name and reference. This way we can
identify your donation from the
bank statement.



Alternatively, post us a cheque made payable to The Trussell Trust to:

FREEPOST
The Trussell Trust
Unit 9, Ashfield Trading Estate
Ashfield Road
Salisbury
SP2 7HL



Please also attach a pre-printed paying in slip or a note to the cheque with your details so we can identify it correctly.

If you are making donations via BACS or cheque don't forget to add the donation to your fundraising page as an 'offline donation' so that it shows on your totaliser.





Thank You!

After your Tea for Trussell, don't forget to thank everyone for their support. Let them know how much you raised together, and ask for those last donations from your guests. Why not send round a few photos from your event as a reminder of the fun you all had together?

Why your support is so important

The food banks in our network provide compassionate, practical support to people in their communities who are facing hardship. We have all felt the impact of the cost of living crisis, but for people on the lowest incomes, the impact has been devastating. More and more people, who were previously managing to get by, are being forced to use a food bank.

As well as distributing emergency food, food banks offer additional services to support people facing hardship so that they won't need to use a food bank again. This could include things such as debt or benefits advice or connecting people with local specialist support services who can help.

But this kind of response shouldn't be needed.

Our vision is a future without the need for food banks. We should all have the dignity of being able to afford life's essentials, like food, shelter, water and toiletries. Together, we want to create a more just, compassionate and dignified society, where nobody is forced to use a food bank to put food on the table.

When one person goes hungry, our whole society is weaker. We know that, working together, change is possible, and we're so grateful for your support to help us reach our vision of a future without the need for food banks.

**A HUGE
THANK YOU**
(with a cherry on top!)
for holding your Tea for Trussell.
on behalf of everyone at the Trussell
Trust and our food bank network





GET IN TOUCH

NEED HELP WITH YOUR TEA FOR TRUSSELL?



Unit 9, Ashfield Trading Estate,
Ashfield Road, Salisbury SP2 7HL



twitter.com/trusselltrust



fundraising@trusselltrust.org



facebook.com/trusselltrust



01722 580180



instagram.com/trusselltrust

www.trusselltrust.org

Registered Charity in England & Wales (1110522) and
Scotland (SC044246). Registered Limited Company in
England & Wales (5434524).
Photography: © Chris Lacey Photography; Istock; Freepik



Registered with



FUNDRAISING
REGULATOR