

Winter Prayers



In our busiest winter ever, many people connected with our network of food banks have been praying together. Some of the prayers they have been using are here. Please pray these in solidarity with all who volunteer and work in food banks and with all who do not have the money they need to buy the essentials they need.

We believe prayer is of vital significance at this moment: prayer for staff and volunteers, prayer for people facing hunger and prayer for changes to structures that drive people into deeper poverty. Please use them at home and offer them to your church.

A Responsive Prayer for Justice

Pray for all who are hungry.

Pray too for all who will not offer food.

Pray for all who struggle each week to pay their bills.

Pray too for the wealthy who do not care.

Pray for all who are homeless.

Pray too for all who deny shelter when it is needed.

Pray for all who are sick and lonely.

Pray too for all who will not provide comfort.

Pray for all who cry out for dignity.

Pray too for all who will not listen.

Pray for all oppressed by unjust wages.

Pray too for all who exploit their neighbour.

Pray for all who bear the burden of prejudice.

Pray too for all who discriminate against other human beings.

Pray for all whose basic needs are denied.

Pray too for public officials who cater to the greedy and powerful.

Amen

A Prayer of Gratitude

Loving God,

We thank you for being with us during every change and crisis...

We thank you for the way you have shown yourself to us:

through the provision of food,

through the people we have worked with,

through the people we have met,

through transformed lives,

through new relationships,

through the building of community,

through generous giving

through times of laughter,

through times of stress,

through words of comfort,

through words of challenge.

We thank you for the everyday miracles, the angels disguised as strangers, the child who offered five loaves and fishes that fed the multitudes.

Give us grace to see your presence in our work, our volunteering, our encounters and our conversations.

We ask this in the name of Jesus, our Saviour, Amen.

A Prayer for Change

God of Justice.

We know you can bring change.

At the sound of your voice, the world came into being. With a touch of his hand, your Son brought healing and wholeness. Like a wind blowing or tongues of fire falling, your Holy Spirit brought comfort, boldness and courage.

We know you still bring change.

We pray now for change in our communities, transformation in our nation and peace in our world.

We pray now for your Kingdom of love, peace, and joy to break into our fractured earth, asking 'Your Kingdom come, your will be done on earth as it is in heaven'.

We pray now for all of us, that you would meet our deepest needs, heal our brokenness, soothe our wounds and restore our relationships.

Give us the strength to cherish the dignity of every person we meet, to have compassion for all creation, to seek justice in every structure and system and to build communities where all can find their worth.

And may we see the day soon when there is no need for food banks because no-one is hungry because no Government, no community, no church and no society will allow them to be hungry.

We ask this in the name of Jesus

Amen

A Prayer for Justice

Grant us, Lord God, a vision of your world as your love would have it:

a world where all are protected, and none go hungry or poor;

a world where the riches of creation are shared, and everyone can enjoy them;

a world where different races and cultures live in harmony and mutual respect;

a world where peace is built with justice, and justice is guided by love.

Give us the inspiration and courage to build it,

through Jesus Christ our Lord.

A Blessing

May the God who strengthens us

Fill us with love, embolden us with courage and bless us with comfort

That we may do God's will in every place,

Renewed by the Holy Spirit and surrounded by the peace of Jesus Christ,

Amen.