

Tea for Trussell



Welcome to Tea for Trussell!

We're so pleased you have decided to join us and host your very own Tea for Trussell. It's so simple – bake or buy and make a brew and have a great time with the lovely people in your life.

Our vision is for a UK without the need for food banks and your Tea for Trussell will help bring us closer to that goal. Whether you are a superstar baker or prefer a simpler option, it doesn't matter. It's your event, so choose what works best for you. Get together with friends and family, colleagues or even your wider community and bake or buy, sweet or savoury, fondant fancy or fresh fruit, dunk or don't dunk! However you do it, have fun!

Together, we can end the need for food banks in the UK. Together, we can create a more just society. Together we can build a hunger free future.

We will be with you every step of the way. Over the coming weeks, we'll share planning tips, recipes, inspiration and more - everything you need for a great event.

You have taken the first step by registering. Now you just need to pick



a date and start inviting friends, family, or colleagues. Whether you go virtual with workmates or family far and wide or host your Tea for Trussell in the garden, in the office, outside the village hall, at school, or in your front garden for your neighbours to enjoy, make sure to have plenty of space and easy access. However you fundraise, your support is invaluable.

From everyone at the Trussell Trust we thank you - together we can end the need for food banks in the UK.



It's as Simple as 1,2,3,4



1. Sign Up and Choose a Date
2. Spread the Word
3. Have Fun
4. Fundraise



It's time to make plans and celebrate the start of summer! Tea for Trussell is the perfect party to catch up with friends, let's create the most wonderful new memories together!

Classic Cup Competition!

Ask guests to bring their own cup along and award prizes for the prettiest or most unusual cups.

Takeaway - Offer a Tea for Trussell takeaway service.

Pop Up Stall - Set up a stall for neighbours to enjoy.

Fun And Games - There are lots of ideas in this pack.

Superstar Baker, Buyer Or Best Effort!

Ask guests to bring along bakes or buys and award prizes.

Tea Tasting – Blind tea tastings are fun and a great way to try new flavours.

Live Bake-a-Long! Choose your favourite recipe, share it with friends and have great fun as you all bake together at home!

You Are On Mute!! If you're going virtual, give a £1 fine each time someone talks on mute!

Handy hints:

- Head over to the Food Standards Agency for advice if you are selling food or drink.
- Double your money – ask your team of helpers if they work for a company that offers matched giving for charity and encourage them to apply if they do. Use our matched funding form which can be downloaded at trusselltrust.org/tea-resources



Ready, Set – Get The Kettle On!



How do I hold my Tea for Trussell?
This year we hope that everyone will be able to host their Tea for Trussell in person, (socially distanced if required). Want to invite more guests or you're missing friends who don't live nearby? Not to worry – you can still host your Tea for Trussell virtually!

When you registered for your pack, your fundraising page was automatically created to make it really easy for you to send us your donations. Simply look out on your emails for a link for your fundraising page and then make sure to share it with all your friends and family.

This fundraising guide has lots of tips and information to make your Tea for Trussell a great success. But there is lots more available at trusselltrust.org/tea-resources – look out for links on your emails.

Your Fundraising Page

Have a look at your page: Go to your page that we've already set up for you.

Make it about you: Update your story to tell everyone what you're doing and why. Share photos to inspire friends and family to donate, whether they're coming along to your Tea for Trussell or not.

Time To Invite Everyone: Invite guests to come along to your Tea for Trussell, whether that's at home, in your garden or you are going online with a virtual fundraiser with friends and colleagues that are not nearby. Wherever you are, wherever they are, you'll all be doing it together.

It is so simple to share to invite guests:

- Download your invite from the downloads page
- Right click or long hold on a phone and copy the image.
- Paste it in an email, onto social media or WhatsApp group.
- Don't forget to include the date, time and a link to your fundraising page.
- Hit send!





Invite guests on the phone, Instagram, Facebook, SnapChat, Twitter, Tik Tok, WhatsApp, email – wherever you like - to tell your friends and family about your event. Put up an event poster and pop invites through neighbours and friends' doors. And remember to use the **#TeaforTrussell** hashtag!

Tea For Trussell Club: Don't forget to join our friendly Tea for Trussell Facebook group and be part of a supportive community. It's a brilliant space to share ideas, recipes, photos of your bake and ask other members of **#TeamTrussell** questions and tips for your own event.

However you host your Tea for Trussell, you'll be helping us to build a future where food banks are no longer needed in the UK. We have everything you need for your event, including t-shirts, mugs and aprons. Look out for links to our shop on emails and on our website at trusselltrust.org/tea-resources.



Love a List?! We Do!



To help you plan a great Tea for Trussell, here's a checklist so that you don't forget anything along the way.

Register for Tea for Trussell and create a donation page.

Pick a time and place and host anytime that suits you and your guests.

Invite everyone! When you do, make sure to share the link to your fundraising page and ask people to donate to confirm they can make it.

Tell people you know that you're signed up – you might just inspire someone else to do the same!

Ask for help - whether you bake, make or buy, share the load with friends, family or colleagues.

Decide what to make – why not try out our Recipe for Success on page 7!

Games galore! We have some great game ideas in this pack to keep you and your guests entertained.

Share on social media! Take a screenshot of your virtual party in gallery view and share it with us on social media – don't forget to use #HungerFreeFuture #TeamTrussell (and make sure you have permission from everyone in the shot to post).

Facebook Frame! Use our Tea for Trussell Facebook profile frame and banner – check your emails to download them.

More than food! Why not think about including a plant sale, book stall, or tombola to raise additional donations?



Collection box - Don't forget to clearly display your collection box in readiness to exchange cake and coffee for donations. If guests don't have cash, they can text a donation:

Text T4T 3 to 70450 to donate £3. Texts cost £3 plus one standard rate message
Text T4T 5 to 70450 to donate £5. Texts cost £5 plus one standard rate message
Text T4T 10 to 70450 to donate £10. Texts cost £10 plus one standard rate message

If you're doing your party with colleagues – don't forget about matched giving! Some companies will top up your donations. We've included the form at trusselltrust.org/tea-resources

Say thank you! Send your guests a text/email or message to thank them for their support and letting them know how much they helped raise for the Trussell Trust.



Fun and Games



If you want to have a bit of extra fun at your Tea for Trussell we've included a few game ideas below. You will have already found your lucky squares poster for your party in this pack and our other great games can be download at trusselltrust.org/tea-resources.

Lucky Squares

Is the easiest game in the world to play. Pick a square at random before your guests arrive, write it down and keep it hidden. Organise a small prize for the winner. Players choose a picture, make a donation and write their name on their chosen square. When everyone has played, your host will reveal the winning answer.

Bingo

Bingo is great fun to play with friends whether in person or virtually. We've included bingo cards trusselltrust.org/tea-resources. You can download these or you can use an online bingo generator - just search 'Free Virtual Bingo.'

It's easy to be a bingo caller! Simply call out the words in the order from the list on our website. The winner is the first person to cross off all the words on one of their cards and shout bingo!





Quiz: Picture Round



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Quiz: Questions

Do you

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2. Wh
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6. V
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- 8.
- 9.
- 10.

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Quiz: Questions

Do you know your jam ring from your digestive?!

1. What time is "afternoon tea" traditionally taken?
2. Which countries consume the most tea per capita in the world? Name the first 3.
3. In which country was tea first drunk?
4. What tea is named after a British Royal?
5. Where were tea bags invented?
6. What do people who practice Tasseography do?
7. Which Indian tea is known as The champagne of teas?
8. Which country is the biggest tea producer?
9. What is coffee – a fruit, a vegetable, a seed?
10. Which country is the largest coffee producer?

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Tea for Trussell Quiz

Test your knowledge with our fun Tea for Trussell Quiz. We've included an example question round but feel free to add more questions, give your quiz a theme, or if you have a close group of people together, why not test their knowledge of each other's tea habits?

How to play:

- 1) Ask the questions and get everyone to write down the answers.
- 2) Shout out the answers at the end of each round and award a point for each correct answer!



Word Search

The Tea for Trussell wordsearch will have your guests racing to be the first person to find all their favourite tea party related words. If your guests happen to be competitive or enjoy playing games, then they'll definitely enjoy this word search. Can they find all the Tea for Trussell words?

Print out our Word Search card from the Tea for Trussell page on our website and share it with your friends and family. Give them 5 minutes to find all the tea party related words. If you want to make it more challenging, don't tell your guests how many words they are looking for! The winner is the person who finds most of the words included or all the words in the quickest time – whichever comes first!

C	L	U	C	K	Y	S	T	A	R	S	Y
A	T	I	J	A	S	I	A	L	T	A	B
T	C	U	C	B	I	S	C	U	I	T	U
E	F	U	N	F	E	T	I	S	W	E	N
B	U	L	P	L	A	G	L	C	H	A	T
S	O	C	I	T	A	A	S	O	I	K	I
D	A	A	C	B	C	N	A	P	K	I	N
N	I	K	A	S	L	A	U	C	E	E	G
E	A	E	T	I	K	A	C	H	A	R	E
I	T	P	R	P	L	E	E	A	B	A	G
R	A	F	A	I	E	N	R	C	U	K	A
F	I	N	L	A	U	G	H	L	C	U	B



A-Z Tea for Trussell

Print out our A-Z game and share the list with your guests! Give them 10 minutes to write as many tea party – related words for each letter of the alphabet!

How you choose the winner is up to you! Here are a few ideas:

- Score one point for each letter that no one else has.
- Give a point for each tea-related word included and take a point off for each non-tea word.
- Give a point to the most original choices. Highest score wins.



Host

Share the list with your guests! Give them 10 minutes to write as many tea party – related words for each letter of the alphabet!

Score one point for each letter that no one else has. Award a bonus point for the most original answers. Highest score wins.

the trussell trust
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After Your Event



All donations on your fundraising page will be sent automatically to the Trussell Trust. Please make sure to also add all offline donations to your page and send them to us choosing one of the options below.

Other ways to donate

Direct bank transfer
Our bank account details are:
The Trussell Trust
Sort Code: 16-00-21
Account no: 41129077

Just let us know via email:
fundraising@trusselltrust.org or call
01722 580 180 when you make the donation, the amount and under what name and reference. This way we can identify your donation from the bank statement.



Alternatively, post us a cheque made payable to The Trussell Trust to:

FREEPOST
The Trussell Trust
Unit 9, Ashfield Trading Estate
Ashfield Road
Salisbury
SP2 7HL



Please also attach a pre-printed paying in slip or a note to the cheque with your details so we can identify it correctly.

If you are making donations via BACs or cheque don't forget to add the donation to your fundraising page as an 'offline donation' so that it shows on your totaliser.





Thank You!

After your Tea for Trussell, don't forget to thank everyone for their support. Let them know how much has been raised and ask for those last few donations from your guests. Why not send round the photos from the event to remind them of the fun you all had!

Why Your Support Is So Important

Over the last couple of decades, food banks across the UK have provided incredible, practical support to people in poverty. The food banks in our network are extraordinary, and their response to need in their communities is inspiring.

But that kind of response shouldn't be needed.

We stand on the edge of a precipice, with a clear decision to make: either we accept food banks as a 'new normal', or we work to create a more dignified, compassionate, and just society where everyone has enough money for the essentials.

We know that together we can build a better future. This pandemic has shown the unexpected can hit us suddenly, with devastating consequences for people's lives.

It also demonstrated the way in which communities respond with kindness, compassion, and generosity.

Hunger in the UK isn't about food, it's about people not having enough money for the basics. When one person goes hungry, our whole society is weaker. We know change is possible. It's time to work together to build a hunger free future.

This is why your support is vital.

A Huge Thank You From Us!

Every penny raised from your Tea for Trussell will help us build a hunger free future. So, on behalf of us all, thank you for your support. You are amazing!





Get in touch

Need help with your Tea for Trussell?



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Ashfield Road, Salisbury SP2 7HL



fundraising@trusselltrust.org



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