



Cash or food?

Exploring effective responses to destitution

– Glossary of Key Terms

Term	Meaning
APPG	An APPG is an All-Party Parliamentary Group, that is made up of parliamentarians (from the House of Commons, House of Lords or both) from across the political spectrum, who come together around a specific interest. The APPG on Ending the Need for Food Banks was established in 2020 to bring together parliamentarians to explore how to tackle the need for food banks, and the destitution which causes this. The Trussell Trust provides the secretariat (administrative support) to the APPG.
Best practice	Approaches to issues that are accepted by a government or organisations as being the most effective way to deliver solutions. Usually these are based on government and organisations learning from each other.
Call for evidence	A way for organisations or government to get a wide range of views on a particular issue. It allows organisations and individuals who care about an issue to have their voices heard and suggest what changes need to be made.
Cash based response	This is where someone facing destitution is given cash so they are able to pay for essentials, such as food, themselves. This gives the person choice and flexibility to decide how that money is best spent, rather than this being decided by an organisation or the government.
Destitution	This is the deepest form of poverty. Destitution is the condition of people who cannot afford to buy the absolute essentials that we all need to eat, stay warm and dry, keep clean. This includes, food, clothing, toiletries, heating and electricity, and housing costs.
Food based response	This is where someone is given free food or buy this from a low cost community food retailer. This might include an emergency food parcel from a food bank or buying low cost food from a pantry or social supermarket.
In-kind response	This is where someone is given goods rather than cash. This might include vouchers to pay towards energy bills or mobile phone credit or white goods, such as a fridge or washing machine, to replace one which has broken.



Cash or food? Exploring effective responses to destitution – Glossary of Key Terms

Term	Meaning
Inquiry	An inquiry is a process by which evidence is collected and analysed on a specific topic, to produce recommendations and guide government response. This inquiry is called <i>Cash or food? Exploring effective responses to destitution</i> .
Lived experience	Individuals, or families, who have personally experienced the issues the inquiry is exploring. This might mean someone who has faced destitution themselves or received support from a food bank, charity, or local, national or the UK government to help them make ends meet. People with lived experience bring insights and expertise which no one else has, and the APPG wants their voices to be at the heart of this inquiry.
Minimum Income Guarantee	A policy proposal which introduces a commitment that no-one's income will fall below an agreed level. This could be achieved through the social security system alone, or through other types of government support, employment, or a combination of the above. This is different from a universal basic income (see below), particularly because it is targeted at people on low incomes.
Rights based approach	Putting people's rights into law so the government must respect, protect and fulfil them. If the government does not do this, it could be legally challenged by individuals and organisations.
Universal Basic Income (UBI)	A policy suggestion where the government would give every adult citizen a regular cash payment, without any conditions and no matter their income or wealth. Payment amounts could vary for different demographics, such as for working-age adults, children and pensioners.
Written evidence	A piece of writing that has been submitted to the inquiry, which answers the key questions asked by the inquiry in the call for evidence based on an individual or organisation's experiences, opinions and knowledge.